

SECOND
ANNOUNCEMENT

The First International
Symposium and Workshop

SEXUALITY AND ETIQUETTE

SIMPOSIUM DAN BENGKEL ANTARABANGSA PERTAMA
SEKSUALITI DAN BUDI BAHASA

Officiated by

YB DR. MASZLEE MALIK
MINISTER OF EDUCATION MALAYSIA

Speakers and Specialists from
Malaysia and Indonesia

CPD points
will be
awarded
(Symposium)

CPD points
will be
awarded
(Workshop)

4 – 6 MARCH 2020
0800 – 1700h

Dewan Bahasa dan Pustaka, Kuala Lumpur, Malaysia
Pusat Perubatan Universiti Kebangsaan Malaysia

Main Organiser



Co-organiser



Please click <http://haqia.com/sistem/simposium>

THE FIRST INTERNATIONAL SYMPOSIUM AND WORKSHOP ON SEXUALITY AND ETIQUETTE IN MARRIAGE

Theme:

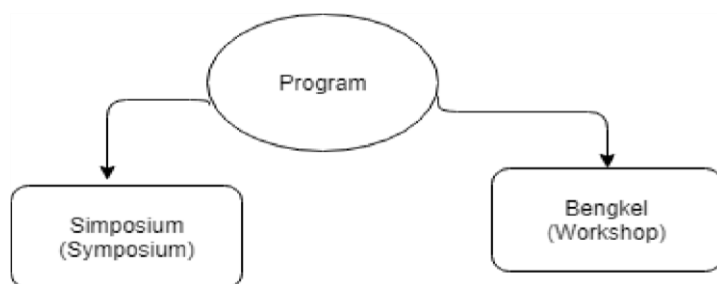
Sexual Harmony in Marriage through Medical Science and Etiquette

Universiti Kebangsaan Malaysia Medical Centre (UKMMC) and Dewan Bahasa dan Pustaka (DBP) in collaboration with the Malaysian Council of Counselors (MKM), Psychospiritual Therapeutic Society, Malaysian Psychiatric Association (MPA), Malaysian Nurses Association (MNA) and Psychosexual and Marital Section, The Indonesian Psychiatric Association (PDSKJI) take this opportunity to invite you all to the **First Symposium and Workshop on Sexuality and Etiquette in Marriage** which will be from 4 - 6 March 2020. The event will be officiated by YB Dr. Maszlee bin Malik, Minister of Education, Malaysia.

This International Symposium together with the **Vaginismus 2020 Workshop** which include a Case Conference is themed to address pivotal issues pertaining to the social-related problem of sexuality in marriage. We intend to blend the discussion with the perspective of harmony in life and the perspective of psychosexual medicine through a holistic and integrated approach to promoting international and local research collaboration.

This first ever scientific meeting could serve as a platform for academics in the field of science and literature to share their experience discussing about human sexuality, which is a very broad topic and encompasses all human life. This meeting agrees with the enormous efforts to improve understanding on the body knowledge of sexuality among the scientists, medical practitioners, healthcare professionals, and stakeholders to generate new ideas, share knowledge, and create collaborative research networks internationally.

The symposium will be conducted in **Malay** and **Indonesian language**. English language may also be used during the workshop session. The topic that will be covered during the event are as following:



Symposium

The Symposium on Sexuality and Etiquette in Marriage in covers topic of

- Sexuality and etiquette
- Sexuality in the context of Malay literature and culture sexuality, spirituality, and mental health
- Sex education in preparation for marriage
- Effective communication in marriage
- Vaginismus dan psychosexual treatment
- Understanding of basic male and female sexual response cycle
- Sharing experiences in understanding sexuality through a scientific society
- Sexuality and marital harmony
- Role of partner in a succesful sexual relationship
- Sexuality and conflict: from kitchen to bedside
- Sexuality and counselling

Stress and marriage

Free-paper oral presentation

Relevant to the themes of the symposium (narrative, systematic, meta-analysis, qualitative or original studies)

Workshop

Vaginismus 2020 workshop

- Understanding vaginismus from from the medical perspective – definition and conceptual framework
- Psychospiritual aspect of sexual pain
- Physiotherapy and pelvic exercise
- Fundamental approach for vaginismus

Case Conference

- Case discussion on the treatment of sexual dysfunction

Event	Theme	Date	Venue
S Y M P O S I U M	Symposium on Sexuality and Etiquette	4 - 5 March 2020	Dewan Bahasa dan Pustaka, Kuala Lumpur
	Free Oral Paper Presentation*	4 - 5 March 2020	Dewan Bahasa dan Pustaka, Kuala Lumpur
W O R K S H O P	Symposium & Workshop on Vaginismus 2020 <i>(Participants who registered with the symposium may attend this Day-1 workshop)</i>	5 March 2020	Dewan Bahasa dan Pustaka, Kuala Lumpur
	Case conference	6 March 2020	Clinical Auditorium, Universiti Kebangsaan Malaysia Medical Centre

*The full-paper presentation in the concurrent symposium sessions are to be submitted to the organizing committee at email: hattasidi@hotmail.com or hattasidi@gmail.com before 30 September 2019 (Monday). A total of selected 12 full paper presentations that are considered fulfilling a specific criteria will be peer-reviewed. If *accepted, the full-paper will be published as a symposium book and will be launched by The Honourable Malaysian Minister of Education.*

Continuing Professional Development (CPD) points will be awarded for:

- medical doctors (**16 points for Symposium, 10 points for Workshop**);
- nurses (**15 symposium points for Symposium, 10 points for Workshop**);

**THE FIRST INTERNATIONAL SYMPOSIUM: THE ROLE OF SEXUALITY AND ETIQUETTE
IN MARRIAGE**



Assalamualaikum. Peace be upon you.

Praise be to Allah the Merciful for allowing the First International Symposium on Sexuality and Etiquette to be a reality. On behalf of the Organising Committee, I would like to welcome all international and Malaysian delegates to Kuala Lumpur.

We would like to thank the Honorable Minister of Education, Dr Maszlee Malik who has gracefully agreed to officiate the symposium whose theme is Sexual Harmony in Marriage through Medical Science and Etiquette. I wish to thank Professor Ir Dr Mohd. Hamdi Abdul Shukor, the Universiti Kebangsaan Malaysia (UKM) Vice-Chancellor who is also a co-adviser of the symposium, and Professor Dr Raja Affandi Raja Ali, the Dean of the UKM Faculty of Medicine, for their support to this scientific and cultural symposium. This symposium would not be possible without the full cooperation of UKM, Dewan Bahasa dan Pustaka (DBP) or the Malaysian Language and Literary Institute, the Malaysian Board of Counselors, the Indonesian Psychiatric Association, the Malaysian Psychospiritual Therapy Association and the Malaysian Psychiatric Association.

I must express my appreciation to the two co-Chairmen of the Organising Committee, Professor Hatta Sidi of the Department of Psychiatry, UKM and Datuk Abang Sallehuddin Abang Shokran the Chief Director of the DBP, and Dr Lucky Saputra of the Indonesian Psychiatric Association. Their cooperation is exemplary. The sensitive issue of sexual relationship vis-à-vis etiquette in marriage is a pertinent discussion in an age when long lasting, meaningful and bountiful marital relationship is being threatened by the onslaught of postmodern narcissism. Papers and discussions will delve deep into the intricacies of scientific evidences and ethno-cultural preferences in the marital practices of the Nusantara (the Malay Archipelago comprising the ancient Malay lands that are now Indonesia, Malaysia, Brunei Darussalam, southern Thailand, Singapore, and the Philippines).

The symposium offers the vital link between science and the arts. The main medium of the symposium is Malay (bahasa Melayu) and its linguistic relative, the Indonesian language (bahasa Indonesia). We are honoured to have you as our guests, and may your stay here in Malaysia be a memorable one.

Thank you.

***Professor Datuk Dr Mohamed Hatta Shaharom,
Co-Adviser of the Symposium and Chairman of the DBP Board of Governors Kuala Lumpur.***

**THE FIRST INTERNATIONAL SYMPOSIUM: THE ROLE OF SEXUALITY AND ETIQUETTE
IN MARRIAGE**



Welcome to all participants and symposium speakers!

I would like to thank you for your support in this international academic symposium, which are going to be held from 4 to 5 March 2020 in DBP, Kuala Lumpur, Malaysia. The theme of the symposium will address on the issue of sexuality as an important topic in relation to the etiquette which is timely to be objectively discussed and adequately addressed. Indeed, the intimacy in marriage is something pivotal in relation to the psychosexual problem that needs to be addressed in Nusantara. Held in Kuala Lumpur, this symposium will take into account on various factors such as the individual, family, community and cross-cultural knowledge during the meet. Hopefully, a number of free-paper presentation's session among scientists will further enhance the dissemination of knowledge about stress in marriage, mental-health problem and family crisis and other related issues pertaining to sexuality. It is hoped that the full-paper presentation during the oral presentation will be complied and become a symposium book which can be launched during this scientific meeting.

We will also highlight updates on vaginismus, a medical disorder where a vaginal penetration is almost impossible. A Vaginismus 2020 Workshop will be held for two days, the first day of March 5, 2020 in DBP, Kuala Lumpur and the second day on March 6, 2020 at the Clinical Auditorium at the UKM Medical Centre (UKMMC), Kuala Lumpur. A case presentation will be discussed by a multi-disciplinary team from the Malaysian and Indonesian experts. I like to specially thank to the DBP Management Board Chairman, YBhg. Professor Datuk Mohamed Hatta Shaharom, DBP Director-General, Datuk Abang Salehuddin Abang Shokeran and DBP staffs for hosting and offering their relentless effort as the co-organizers, i.e. Malaysian Counselors Board, Malaysian Psychospiritual Therapist Association, Malaysian Psychiatric Association (MPA) and Psychosexual and Marital Section, Kedokteran Jiwa Indonesia Specialist Doctor (PDSKJI) who supported and participated in this meeting.

Thank you.

Hatta Sidi,
Professor of Psychiatry, UKM Medical Centre (UKMMC), Cheras Kuala Lumpur Malaysia
Symposium Chairman
The First International Symposium: The Role of Sexuality and Etiquette in Marriage



HATTA BIN SIDI
S01-00

Born in Durian Tunggal Malacca 57 years ago, **Professor Hatta Sidi** is a Senior Consultant Psychiatrist and lecturer at the Universiti Kebangsaan Malaysia Medical Centre (UKMMC), Cheras, Kuala Lumpur, Malaysia. He was then sub-specialized in sexual health counselling in Sydney, Australia in 2003. He was awarded with the Diploma of Sexual Health Counselling and also with the Derek-Richardson Prize for his notable sexual function module achievement by the Australian Society of Sex Educators and Researchers (ASSERT) and Australian College of Sexual Health Physician (ACSHP). Hatta Sidi was the past Chief Editor, ASEAN Journal of Psychiatry (2008 – 2018). He received few nominations for being an outstanding editor, in the ASEAN Federations Psychiatry and Mental Health (AFPMH) Biennial Meeting in Singapore; Cebu, The Philippines; Semarang, Indonesia and in Kuala Lumpur, Malaysia in 2012, 2014, 2016 and 2017 respectively. Dr. Hatta has numerous researches on general psychiatry, Malaysian female sexuality and Malaysian postgraduate study. He has authored more than 100 papers both and books with notable high impact publications. Dr. Hatta has dedicated his publication in public psychiatry, postgraduate studies and human's sexual function. Dr. Hatta has reviewed more than 70 manuscripts/ papers, including peer-review numerous papers that was indexed in the Scopus and WoS data bases. He was honored in 2019 as The Outstanding Reviewer Awards by Elsevier's publisher and also appointed as the same year as a Reviewer-Editor by the esteemed journal of The Frontiers (Psychopathology).



**MOHAMED HATTA
BIN SHAHAROM**
S02-01

Professor Datuk Dr. Mohamed Hatta Shaharom, a private psychiatrist and a visiting professor of psychiatry, has been an academic since late 1984, holding senior positions in three universities: Universiti Kebangsaan Malaysia (UKM), Cyberjaya University College of Medical Sciences (CUCMS), and Islamic University of Malaysia, Cyberjaya. He was trained in undergraduate medicine in Cairo University, Egypt; in postgraduate clinical psychiatry in UKM; and in forensic psychiatry at Monash University, Australia. His scientific papers and books published in both English and Malay are on psychiatry, Islamic medicine, humanitarian journeys, and socio-political commentaries. He is the Chairman of the Board of Governors, the Institute of Language and Literature (DBP), Malaysia; a Distinguished Fellow of The Pacific Rim College of Psychiatrists; and a Fellow of the Academy of Medicine, Malaysia. He and his wife have 6 married children and 23 grandchildren.



**HARLINA HALIZAH
BINTI HAJI SIRAJ**
S02-03

Professor Datuk Dr Harlina Halizah Haji Siraj @ Haji Ramli is the Director of Citra Center of UKM and Professor of Obstetrics & Gynecology. She graduated as a Doctor of Medicine (UKM) in 1991, Master of O & G (UKM) in 1997 and Master of Clinical Education (Melbourne) in 2018. Currently holds position as Director of UKM Citra Center, as well as Professor O & G and Medical Education (Clinical Teaching) UKM. Her field of specialty areas include sexual and reproductive health, family planning, personality building and professionalism of clinical practitioners and clinical teaching. She is a member of the National Youth Health Technical Committee, Ministry of Health Malaysia (KKM) since 2010. She is actively involved in 'dakwah' and community activities through her involvement in a non-governmental organizations (NGOs) such as the Malaysian Islah Malaysia (JIM), Ikram Malaysia Association (IKRAM), Muslimah Interest Zone and Networking (MIZAN) and Malaysian Mothers and Baby Health Association (MAMANEH). She was appointed as Deputy Chairman of Rahmah Women's Council, Yayasan Dakwah Islamiah (MAWAR - YADIM) session 2019 - 2021. She was awarded by a Datukship by the Malaysian King in the conjunction with a national event in 2019. Dr. Harlina often be the guest of speakers on television and local radio, parenting and family, sexual health and sexual/reproductive adolescents.



**FIRDAUS BINTI
MUKHTAR**
S01-06
S02-10

Professor Dr Firdaus Mukhtar qualified as a clinical psychologist in 2003 and currently is the Head of Department Psychiatry, Universiti Putra Malaysia since 2017. She has been nominated as President-Elect for Asian Cognitive Behavior Therapy (CBT) and will be an Advisor for 7th Asian CBT Conference to be held in July 2021. She was the first secretary in Malaysian Society of Clinical Psychology. In 2011-2013 she was appointed as World Health Organisation (WHO) CBT Consultant for the country to develop a CBT manual to manage chronic medical at primary and gave CBT training to Family Medicine Specialists. In 2012, L'oreal Malaysia has awarded her as Young Women Scientist and many international recognition on her contribution in psychological research.

Since 2000, she has trained many clinicians, clinical psychologists, counsellors, audiologists, undergraduate and postgraduate trainees, and community at large, not just in Malaysia but also in some other countries in Asia and including in Australia. She has published well over 50 scientific papers and books on the understanding and treatment of psychological problems especially on depression and anxiety disorder. She has been appointed as Subject Matter Expert by many government institutions and private industrial collaborators. She is regarded as a world leading expert in depression and anxiety disorders in general, and more specifically in implementing Group CBT and Dialectical Behavior Therapy She also has considerable expertise in working on childhood obesity, parenting, sexual and marital problems, and personality disorder.



NORA MAT ZIN
S01-03
S02-08

Associate Professor Dr. Nora Mat Zin is the Head of Department, Department of Psychiatry, Kulliyah of Medicine, International Islamic University of Malaysia, Kuantan Pahang, Malaysia. She holds a medical doctor after graduating from UKM in 1996 and became psychiatrist in 2004 from the same university. Ten years later, she achieved her Post Graduate Diploma in Applied Psychology with Merit University of Liverpool. She has worked in Doha in the Qatar Petroleum Healthcare sector (2010 - 2015). While in Qatar, she runs administrative and medical supervision and medical duties among the oil company employees. Dr. Nora has great passion for mental health education among the workers. With a scholarship background of over 15 years of experience as a psychiatrist, Dr. Nora is active in education and charity works. Dr. Nora also wrote a lot in scientific papers and papers. Among her journal writing with Dr. Hatta Sidi are related to the human sexuality, marital harmony and vaginismus. Dr. Nora is an active speaker at the national and international level by focusing on women's mental well-being, women's rights, stress and marriage and psycho-spiritual role in the community. Among her accomplishments in the award included the Silver Prize' for the Project: Biofeedback: A New Training Technology for Human Operator's Invention Fair 2009 organized by the Korea Creative Promotion Association in Seoul Korea.



**SHAIFUL BAHARI
ISMAIL**
S02-05

Professor Dr Shaiful Bahari Ismail is a Professor of Family Medicine. He graduated from University Malaya (MBBS), Malaysia in 1992. He completed his postgraduate training in the Master of Medicine (Family Medicine) in Universiti Sains Malaysia (USM) in 1999 and in the same year obtained his MAFP/FRACGP (Australia). In the year 2006, he completed his 1-year Fellowship training in Male Sexual and Reproductive Health at Monash University, Australia. He is also a Fellow of the Multidisciplinary Joint Committee European Society of Sexual Medicine (FECSM). He is currently the Dean, School of Medical Sciences, USM and Chair, Malaysian public medical schools Dean's council. He is also the member, Malaysian Medical Council. His research interests are Medical Education, chronic diseases especially Diabetes Mellitus and hypertension, and research in the area of sexual and reproductive health. He has involved in more than 50 multinational clinical trials and clinical research mainly in the area of diabetes mellitus, hypertension, hyperlipidaemia and obesity. He has also involved in many herbal and honey trials especially in the area of sexual and reproductive health. He has more than 50 publications at national and international levels.



**UMI ADZLIN BINTI
SILIM**
S01-03
S02-04

Dr Umi Adzlin Silim, Consultation-Liaison Psychiatrist, is the head of Consultation-Liaison Psychiatry service in Hospital Kuala Lumpur, a large service providing psychiatric care to 2,300 beds of the Malaysia's largest hospital. Graduated with MD and Doctor in Psychiatry from UKM, she completed her Subspecialty Fellowship in Consultation-Liaison Psychiatry and Women's Mental Health in St. Vincent's Mental Health and Austin Perinatal Mental Health in collaboration with University of Melbourne. She is dedicated and committed in developing specialized mental health services for women in Malaysia. From setting up the first Vaginismus Clinic in Ministry of Health Malaysia, working closely with physiotherapists in providing mind-body approaches for successful management of vaginismus; to piloting perinatal mental health collaborative care, working closely with obstetricians and maternal child healthcare teams. She is actively involved in national research on postnatal depression and in developing national guidelines and manuals related to women's mental health. She is committed on working towards integrating mental health into primary care and other medical services. She is a certified therapist for Interpersonal Psychotherapy, Cognitive Behavior Therapy on Postnatal Depression - Getting Ahead of Postnatal Depression® and TIARA MURNI®, Circle of Security Parenting® (Attachment-based Parenting), Tuning in to Kids and Teens® (Emotionally Intelligent Parenting) and a certified trainer for Optimal Health Program® (Self-Management Intervention based on Motivational Interviewing and Health Coaching). Her special interest areas are women's mental health, perinatal psychiatry, psychotherapy, health coaching and psycho-spirituality.



**TUAN SHARIPAH
BINTI TUAN HADI**
S01-03

Dr. Tuan Sharipah Tuan Hadi is Head of Department, Psychiatry and Mental Health Department, Hospital Sultanah Nur Zahirah (HSNZ) Kuala Terengganu, Malaysia. She graduated from National University of Malaysia (UKM) (1989) Bsc (Medical Science) with Best Student Award in 1992. She had vast research experiences ranging from exploring efficacy and safety of risperidone on patients with Bipolar I Disorder, and Mood disorder. She had few publications covering different range of topics including bullying and self-esteem, Child and Adolescent Mental Health Service (CAMHS) at Hospital Sultanah Nur zahirah and Anxiety and Depressive Symptoms among Caregivers of Haemodialysis Patients. She had received numerous leadership recognition and has been appointed as Head of Psychiatric Service of Terengganu from 2010 to present.



HAZLI BIN ZAKARIA
S02-11

Dr. Hazli Zakaria currently holds a position of a senior lecturer and consultant psychiatrist at Community and Psychosocial Rehabilitation Unit at Universiti Kebangsaan Malaysia Medical Centre (UKMMC), Cheras, Malaysia. He received his medical degree from the University of Adelaide, Australia and Postgraduate Psychiatric training from the Universiti Kebangsaan Malaysia (UKM). His main clinical interest is adult psychiatry particularly on the recovery aspect of major psychiatric disorders mainly schizophrenia, mood disorder, adult ADHD, substance abuse and Psychodynamic Psychotherapy. His current research interests include addiction, patients with adult ADHD and rehabilitation part of psychiatric disorders. He is actively involved in mental health awareness program, participate in patients' support group, media appearance and public forums. He has been conducting regular workshops for primary care doctors, mental health staffs, dialysis paramedics and general public to improve knowledge on mental illness and mental literacy in the country. He is a member of Nicotine Addiction Research & Collaborating Centre (NARCC) of University Malaya Centre of Addiction Science and a Fellow of Yongin WHO Collaborating Centre in psychosocial rehabilitation. He is a member of development group of Malaysian Clinical Practice Guidelines on bipolar disorder. He has been actively involved with Malaysian Psychiatric Association (MPA) since 2009 and is the current President. He is one of the co-teacher and co-ordinator for the Advanced Training Psychodynamic Psychotherapy Program. He is also a Board Member of Psychotherapy Section of The World Psychiatric Association (WPA) Section (2017-2019). His current project is empowering mental illness patients and their family members to fight for their rights and to improve the quality service to patients with mental illness by implementing WHO quality right modules.



**NURUL AZMI BIN
MAHAMAD
RAPPEK**
M0102-2

Dr. Nurul Azmi bin Mahamad Rappek was born in Perak, is a Psychiatrist working in University Malaya Medical centre (UMMC), Kuala Lumpur. He obtained his first degree, Medical Bachelor and Bachelor of Surgery (MBBS) from the University of Malaya (UM). He then furthered his study in the field of psychiatry in UKM and graduated with degree of Doctor of Psychiatry. Subsequently, he obtained his Fellowship in Addiction Medicine. Dr. Azmi is currently the Head of Unit for Staff and Student Health Clinic in UMMC. In UMMC, he is also an auditor for Mock Surveillance for Malaysian Society for Quality in Health (MSQH) other than becoming and UMMC internal auditor. Currently, Dr. Azmi also involves with several studies in UM including study about Pilot Naltrexone Implant in Malaysia and Study on Spiritual Enhancement on Drug addiction Rehabilitation (SEDAR) with Mobile Methadone Service.



**MAIZA BINTI
TUSIMIN**
S01-04

Dr. Maiza Tusimin is the inaugural graduate of Universiti Putra Malaysia Medical Doctor (MD) program and is currently the Head of Department of Obstetrics & Gynecology, Faculty of Medicine & Health Sciences, Universiti Putra Malaysia. She is a Consultant Obstetrician and Gynecologist and Senior Clinical Lecturer, with subspecialty in the field of Reproductive Medicine and Infertility. She has dedicatedly served in the fraternity that she loved for almost two decades. She is actively involved with research, quantitative and qualitative studies related to pregnancy, haematopoietic stem cells, physical and psychology women's health, andrology and especially infertility. She is actively conveying lectures for Professional Continuing Development (CPD) and is often involved with community health forums. Known as the Celebrity Doctor, she is often invited as an expert panel in the local television program. She is also a columnist at several local and newspaper magazines and among her popular writings are the 12 series of "Travelog Permata Hati". She was awarded with Fellowship in Reproductive Medicine and Infertility in 2016. For her remarkable contribution in the field of Reproductive Medicine and Infertility, she was awarded with certificate of recognition by the American Society for Reproductive Medicine (ASRM). Her latest venture is the commencement of the "Advanced Reproductive Technology Division (ARTD)" services at the Teaching Hospital Universiti Putra Malaysia.



LUCKY SAPUTRA
S01-05

dr. Lucky Saputra, Sp.KJ(K), M.Kes, born in 1967 is the Head of Psychosexual and Marital Section of Perhimpunan Dokter Spesialis Kedokteran Jiwa Indonesia, Indonesian Psychiatrist Association and also a lecturer at the Padjadjaran Medical Faculty in Bandung, West Java. He is also the adult and addiction consultant psychiatrist. He graduated in 1992 at the Padjadjaran Medical Faculty and later he was trained and became a psychiatrist from the same university in 2006. He was actively involved in the teaching of clinical epidemiology and mental health by helping in learning and teaching. He had been a speaker for the Symposium & Masterclass on the Sexology Association Indonesia with the title of: 'Psychiatric Disorder related Sexual Dysfunction' and 'Substance Abuse and Sexual Dysfunction'. He was involved in psychiatry education and actively involved in psychosexual continuous medical education among medical practitioners and postgraduate students. Dr. Lucky is the author for the book of "Buku Pedoman Pencegahan Penanggulangan Penyalahgunaan NAPZA", "Buku Pedoman Penanganan Gawat Darurat Psikiatri" and "Psychosomatic Approaches as A Basis of Clinical Medicine: Brain, Mind & Body". His national presentations in Indonesia include: Psychoanalysis of Sexual Dysfunction, The use of Benzodiazepine in Panic Disorder and Sexual Addictions. In an international platform, he is a section committee member in the Human Sexuality World Psychiatric Association (WPA).

BIODATA OF THE SPEAKERS



**FIDIANSJAH
MURSID**
S02-02

Get to know Dr. dr. Fidiansyah Sp.KJ, MPH, he graduated from University of Indonesia (UI) with a Bachelor of Public Health from Gadjah Mada University (UGM). He is very active in psychiatric work as lecturer, psychiatrist and volunteer work in Indonesia.

Dr. dr. Fidiansyah Mursjid has served as the director of Jakarta's 2009 drug addiction hospital. After his tenure in Jakarta drug addiction hospital, he became the Director General of Mental Hospital of Hospital (RSJ) Magelang, Central Java until 2013. Later, dr. Fidiansjah was appointed to the post of Head of Health Center Haj Ministry of Health of the Republic of Indonesia.



**MOHD. FAIZ BIN
MD. TAHIR**
M0102-1

Dr. Mohd. Faiz bin Md. Tahir is a psychiatrist at Kulliyah of Medicine at the International Islamic University (IIUM), Kuantan, Pahang, Malaysia. He obtained his specialist degree in Doctor in Psychiatry (UKM) and graduated as a medical doctor from UIAM (2014). His research interest is on mood disorders, motivational interviewing and research in the relationship between spirituality and human sciences.

Dr. Faiz currently serves as Assistant Professor at the Psychiatric Department at IIUM Medicine Kulliyah since 2014. He is a co-author of the book "Islamisation in Clinical Medicine and Medical Sciences: A Teachers' Manual'. Dr. Faiz is a life member of the Malaysian Psychiatry Association (MPA). He is active in speaking at scientific platforms in the field of adult psychiatry in Malaysia.



ELVINE GUNAWAN
S01-01
S02-06

Born in Bandung, West Java 33 years ago, **dr. Elvine Gunawan** graduated from Medical Doctor in 2011 and graduated as psychiatrist from Universitas Padjadjaran on 2018. She regularly practice in Melinda 2 Women and Children Hospital and be a secretary of Psychosexual and Marital Section of Indonesia Psychiatric Association since 2016. She was get certified for Mindfulness and CBT training from Beck Institute in 2018. She work with some organizations to promote mental health in community, especially in West Java. Currently she works with AIDS Prevention Comission for some project in HIV-AIDS project for preventing transmission of HIV among key population, child and adolescent. She is experiencing in sexual marital counselling, especially for patient with mental health disorder and vaginismus. Elvine Gunawan has some research in spiritual wellness, psychological well-being, and women health issues.



GINA ANINDYAJATI
S02-09

dr. Gina Anindyajati is a general adult psychiatrist with clinical experience mostly related with sexual and reproductive health issues, depression and anxiety, also violence. She deals with individual clients and couple as well. She graduated as a medical doctor from Gadjah Mada University in 2010 and continued to become a psychiatrist from University of Indonesia in 2017, both are the leading institution for medicine in Indonesia. Currently she provides psychiatric care in a private facility called Angsamerah Clinic. To maintain her interest in learning and grow as a better clinician, she is now also joining as an academic faculty member of Psychiatry Department in Universitas Indonesia. Aside from her daily work, dr. Gina involves actively as a member of Indonesian Psychiatric Association in the Psychosexual and Marital Section.



**ROBBI ASRI
WICAKSONO**
S01-04

dr. Robbi Asri Wicaksono was born in Surakarta, Central Java, Indonesia 36 years ago. He completed his medical degree in 2006 and Obstetrics & Gynaecology (O&G/ObsGyn) specialist training at 2011, both from Medical Faculty of Padjadjaran University-Hasan Sadikin General Hospital, and since then he is the member of Indonesian Society of Obstetrics and Gynecology (POGI). Between 2011 and 2016 dr. Robbi was a board of director of a hospital company group, i.e. Betha Medika Hospital Sukabumi West Java, and also as the head of O&G department, general medical services manager, and full time ObsGyn in-charge. In 2013, he was personally trained by a double board certified plastic surgeon, Peter T. Pacik, MD., FACS (recognized as a world pioneer of treating vaginismus with Botoxâ-Multimodalities, and main contributor for evidence based medicine in vaginismus treatment), on a "Multimodal Treatment on Vaginismus" at Plastic Surgery Center Manchester New Hampshire, the United States. Since early 2017, dr. Robbi have started providing a comprehensive medical treatment for vaginismus in Limijati Hospital Bandung Indonesia. The team has a vision of "Support Vaginismus and Respect Vaginismus", making Limijati Hospital is the first "Vaginismus Friendly" hospital in Indonesia. In September 2018, dr. Robbi was awarded by World-Indonesia Record Museum as "First Doctor Activist on Vaginismus in Indonesia" for his role in initiating treatment for vaginismus patients comprhensively and advocating vaginismus through a vaginismus campaign. Dr. Robbi wrote several scientific writing regarding vaginismus, and become speaker for health/scientific seminars mainly promoting the diagnostic and correct response to a vaginismus patients. He is currently treating vaginismus patients from entire Indonesian Archipelago and also overseas patients from Australia, Singapore, and China.



MARHANA OMAR
S01-01
201-03

Marhana Omar, 48, is a physiotherapist at the Sultanah Nur Zahirah Hospital (HSNZ), Kuala Terengganu and had served in Serdang Hospital, Selangor, Malaysia before moving to Kuala Terengganu in 2009. Obtaining a physiotherapy diploma from Physiotherapy College Ministry of Health Malaysia (1994 - 1996), Marhana is active in rehabilitation's work. She was attached in physiotherapy posting and gained an extensive experience in treating women with sexual health problem since 2005 in Hospital Kuala Lumpur until now. She has effectively treated female patients with sexual health problems, including vaginismus.



**HANIEZA
FADZLINA YAHYA**
S02-07
S02-08

Hanieza Fadzlina Yahya was born in Seremban, Negeri Sembilan Darul Khusus in 1983. She obtained her early education at the Petronas Regional School, Kerteh, before furthering her studies at Sheikh Abdul Malek Religious Secondary School, Kuala Terengganu. She then entered Dar Al-Hikmah College, Kajang and graduated from Psychology Diploma in 2003 and subsequently obtained a Bachelor's Degree in Counseling Psychology at Universiti Malaysia Sabah (UMS) in 2007. Hanieza continued her Master's Degree in Family Counseling at University Malaysia Islamic Science (USIM) in 2013. Presently she is the psychological officer at the Psychiatric Community & Psychiatric Intervention Unit, Department of Psychiatry at Chancellor Tuanku Muhriz Hospital, UKM Medical Center since 2008 until now. Experienced in the field of individual counseling, marriage, family and actively promoting mental health education. She is a counselor registered with the Malaysian Counselor Board (LKM) and is also a member of the Association of Psychological Officers of Malaysia (PERKAMA). Hanieza is often invited to give talks and motivational development programs and promoting mental health education in government, private and school sectors.



**NORAZLINA
YA'ACOB**
S01-03

Norazlina Ya'acob, is a senior physiotherapist rehabilitation officer in the Women's Health Division of Physiotherapy Department, Kuala Lumpur Hospital (HKL). She holds a Bsc (Applied Rehabilitation Physiotherapy) from University Of Teeside, UK and Physiotherapy Diploma from the Physiotherapy College of the Ministry of Health Malaysia. She also has clinical experiences in the treatment of incontinence and specializes in the treatment of Lymphatic Drainage and Decongestive Therapy Manual for Lymphodema patients. Pn Norazlina Ya'acob has been involved in the treatment of incontinence and lymphedema since 2002. She helps patients' satisfaction and provided quality services in the treatment of incontinence by supporting support group therapy to men and women incontinent patients as well as support group therapy to help patients with Lymphedema in the aspect of self-care at home. Her knowledge acquired in the field of incontinence was also developed in antenatal and postnatal care at the ObsGyn's HKL clinic and ward. In addition to being involved as a speaker and mentor in the training of outsourcing to Physiotherapy from other hospitals throughout Malaysia, she is also one of the senior physiotherapists who have contributed to the manual care protocol for Lymphedema and Standard Operations Policy for Lymphedema Treatment for Physiotherapy profession, Associate Health Sciences Division, Ministry of Health Malaysia.



**AKMAL HAFIZAH
ZAMLI**
S01-10

Dr Akmal Hafizah Zamli is currently the Head of Rehabilitation Medicine Department of Hospital Sungai Buloh, Selangor, Malaysia. She received her MBBS from the University of Malaya in 1998 and later graduated Masters in Rehabilitation Medicine from the University of Malaya in 2006. Dr Akmal held certificates in Spinal Cord Injury and Brain Injury Rehabilitation from Hampstead Rehabilitation Centre, South Australia in 2010. She later qualified as a Certified Medical Impairment Assessor of the National Institute of Occupational Safety & Health Malaysia. In 2011, she served as a Clinical Fellow in Spinal Cord Medicine & Rehabilitation at Burwood Spinal Unit, Christchurch, New Zealand. She has interest in research related to spinal cord injury impairments mainly neurogenic bladder; sexuality & fertility; ultrasound guided interventions for spasticity and chronic pain management. She actively presented her experiences in managing impairments related to spinal cord injury at various national and international conferences.



**INTAN SABRINA
MOHAMAD**
S01-09

Dr. Intan Sabrina Mohamad was born on March 2, 1975. Upon graduation, she went to pursue her study at the University of Malaya and graduated as a medical doctor in 2000. Upon completing her Bachelor's degree, she pursued Master's degree in Medical Rehabilitation at the University of Malaya and graduated in 2008. Throughout her career, she has served in various locations, including University of Malaya Medical Center, Kuala Lumpur Hospital, Sultanah Aminah Johor Bharu Hospital, Tuanku Ja'afar Seremban Hospital, Assunta Hospital, Universiti Kebangsaan Malaysia and several others. She also served in the Australian hospitals such as Herston Royal Children's Hospital, Princess Alexandra Hospital, Gold Coast Hospital and John Flynn Private Hospital. She joined the MERCY Malaysia earthquake mission at Chik General Hospital in Sumatra Indonesia in 2016. She has vast expertise in rehabilitation, including brain, heart, sexual, spinal cord, and many other specialties such as aged care, augmentative communication and alternatives, chronic pain management and more. She is currently a consultant at the Tung Shin and Cheras Rehabilitation Hospital in Kuala Lumpur.

SYMPOSIUM SCHEDULE DAY 1

Event A — Plenary Symposium day 1

Event A		
First Day Symposium 4/3/2020 WEDNESDAY		
Venue: Balai Budaya Tun Syed Nasir, Dewan Bahasa dan Pustaka (DBP)		
Time	Session	Speaker/Moderator
08.00	<i>Venue: Balai Tun Syed Nasir, DBP</i> <i>An overview of Science and Literature on Sexuality</i>	Opening speech by Professor Datuk Mohamed Hatta Shaharom, DBP Chairman
08.15	S01-01 <i>Clinico-pathological Correlation (CPC) on Vaginismus: Sharing similar clinical cases, From West Java to Malaysian East Coast</i>	S01-00 Dr. Tuan Sharifah Tuan Hadi <i>Consultant Psychiatrist Hospital Sultanah Nur Zahirah [HSNZ]</i> Puan Marhana Omar <i>Medical physiotherapist, HSNZ</i> dr. Elvine Gunawan, Sp.KJ <i>Secretary of the Psychosexual and Marital Section, Perhimpunan Dokter Spesialis Kedokteran Jiwa Indonesia [PDSKJI], & Psychiatrist, Melinda 2, Hospital Bandung, West Java, Indonesia</i>
09.15	<i>Opening remarks by the Minister of Education Malaysia</i> Y.B. Menteri Pendidikan Malaysia Dr. Maszlee Malik	YB Menteri Pendidikan and dignitaries M0102-1 Moderator Dr. Mohd. Faiz Md. Tahir <i>Psychiatrist, Universiti Islam Antarabangsa Malaysia (UIAM)</i>
09.30	Breakfast & Registration	Moderator Dr. Mohd. Faiz Md. Tahir (UIAM)
10.00	<i>Plenary session</i> S01-02 The Malay Kamasutra	Key-note speaker: Professor Dr Harun Daud <i>Expert in Malay Linguistic and Culture (Mantera)</i>
10.20	Sesi Plenari II S01-03 Effective Multi-disciplinary Approaches in Managing Vaginismus: The Role of Multi-disciplinary Team	Dr. Umi Adzlin Silim <i>Consultant Psychiatrist, Hospital Kuala Lumpur, Hospital Kuala Lumpur</i> <i>[20 minit]</i> Puan Marhana Omar <i>Medical physiotherapist, HSNZ</i> <i>[20 minit]</i> Puan Norazlina Ya'acob <i>Medical physiotherapist, HKL</i> <i>[20 minit]</i>

Event A — Plenary Symposium day 1

Event B & C — Symposium Concurrent Session Day 1

11.20	<p style="text-align: center;">Sesi Plenari III</p> <p style="text-align: center;">S01-04</p> <p style="text-align: center;"><i>The High Success Rate of Vaginal Penetration from the Gynecology Point of View: A blessing bring blessings</i></p>	<p style="text-align: center;">dr. Robbi Asri Wicaksono <i>Consultant Obstetrics & Gynaecologist, Limijati Women and Children Hospital, Bandung, Jawa Barat, Indonesia</i> [15 minit]</p> <p style="text-align: center;">Dr. Maiza Tusimin <i>Consultant Obstetrics & Gynaecologis, Hospital Pengajar Universiti Putra Malaysia (UPM)</i> [15 minit]</p>
12.00	<p style="text-align: center;">Q & A Session</p>	<p style="text-align: center;">Moderator</p> <p style="text-align: center;">Dr. Nurul Azmi Mahamad Rappek <i>Head of the Medical Staff and Students, Universiti Malaya (UM)</i></p>
12.30	<p style="text-align: center;">Lunch & Rest</p>	<p style="text-align: center;">Lunch & Rest</p>
14.00	<p style="text-align: center;">Event B CONCURRENT SESSION I Venue: Bilik Kuliah 3 & 5th Floor, DBP</p>	<p style="text-align: center;">Event C CONCURRENT SESSION II Venue: Balai Tun Syed Nasir, DBP</p>
	<p style="text-align: center;">M0102-2 Moderator Dr. Nurul Azmi Mahamad Rappek (UM)</p>	<p style="text-align: center;">M0102-1 Moderator Dr. Mohd. Faiz Md. Tahir (UIAM)</p>
	<p style="text-align: center;">Free Paper Presentation & Oral Presentation</p> <p style="text-align: center;">Bilik A: Dr.dr. Fidiansjah / Professor Marhani Midin / Dr. Nurul Azmi</p> <p style="text-align: center;">Bilik B: Associate Professor Dr Suzaily Wahab / Dr. Izzat Tajjudin / Wakil DBP</p>	<p style="text-align: center;">S01-05</p> <p style="text-align: center;"><i>Marital and Sex Therapy Section of the Indonesian Psychiaric Association: Vision, Mission, Hope and Sucess</i></p> <p style="text-align: center;">dr. Lucky Saputra, Sp.KJ(K), M.Kes <i>Head of the Psychosexual and Marital Section PDSKJI & Lecturer, Universitas Padjadjaran Bandung, Indonesia</i></p>
14.30	<p style="text-align: center;">Free Paper Oral Presentation (I-III) [Each presentation 8 minutes including Q&A]</p>	<p style="text-align: center;">S01-06</p> <p style="text-align: center;"><i>Sexual Harmony and Marriage: Like Peas in a Pod</i></p> <p style="text-align: center;">Professor Dr. Firdaus Mukhtar <i>Senior Consultant Psychologist, UPM</i></p>

**SYMPOSIUM
SCHEDULE DAY 1**

Event B & C — Symposium Concurrent Session Day 1

15.00	<p><i>Free Paper Oral Presentation (IV-VI) [Each presentation 8 minutes including Q&A]</i></p>	<p>S01-07 <i>The partner's Role in the Context of Assessment and Management of Vaginismus: The Perfect Gloves</i> dr. Gina Anindyajati, Sp.KJ <i>Psychiatrist, Angsamerah Medical Clinic, Jakarta</i></p>
15.30	<p><i>Free Paper Oral Presentation (VII-IX) [Each presentation 8 minutes including Q&A]</i></p>	<p>S01-08 <i>The Choices of Therapy for Female Sexual Dysfunction & Vaginismus: Individual Psychotherapy vs. Cognitive Behaviour Therapy</i> Professor Dr. Firdaus Mukhtar <i>Senior Consultant Psychologist UPM</i></p>
16.00	<p><i>Final Comments and Remarks on Oral Presentation: Judge</i></p> <p>Room A: Dr.dr. Fidiansjah (FP01-03)</p> <p>Room B: Associate Professor Dr Suzaily Wahab (FP-01-05)</p> <p>Moderator Dr. Nurul Azmi Mahamad Rappek (UM)</p>	<p>Q & A Session</p> <p>Moderator Dr. Faiz Tahir (UIAM)</p>
16.45	<p><i>Tea Break & Close</i></p>	<p><i>Tea Break & Close</i></p>

Event D Concurrent Session Day One 4 March 2020 (Thursday) Venue: Dewan Dato' Haji Hassan Ahmad, Menara DBP		
Time	Session	Speaker/Moderator
14:15	S01-09 <i>Sexuality and Dementia: An Overview</i> Moderator Dr. Nurul Azmi Mahamad Rappek (UM)	Dr. Intan Sabrina Mohamad <i>Consultant Rehabilitation Medicine Specialist, Hospital Rehabilitasi Cheras, Kuala Lumpur</i>
14:35	S01-10 <i>Sexuality and Disability: How do patient have sex during spinal cord injury?</i>	Dr. Akmal Hafizah Zamli <i>Head of Department, Department of Rehabilitation Medicine, Hospital Sungai Buloh Sungai Buloh, Selangor</i>
14:55	S01-11 <i>Sexuality and Patients with Cardiovascular Disease: How safe it is for us to have sex?</i>	Dr. Anwar Suhaimi <i>Lecturer and Consultant, Department of Rehabilitation Medicine, Universiti Malaya Medical Centre, Lembah Pantai, Kuala Lumpur</i>
15: 15	S01-12 <i>Diabetes Mellitus and Erectile Dysfunction: Addressing the 'duo periculum'</i>	Profesor Dr. Srijit Das <i>Professor of Anatomy, UKM</i>

Event E Second Day Symposium 5/3/2020 THURSDAY Venue: Balai Budaya Tun Syed Nasir, DBP		
Time	Events	Speaker/Moderator
08.00	Breakfast	Breakfast
08.15	S02-01 Science, Literature and Marriage Moderator Dr. Mohd. Faiz Md. Tahir (UIAM)	Professor Datuk Dr Mohamed Hatta Shaharom <i>Board of Chairman, DBP</i>
08.35	S02-02 Religiosity, Sexuality and Mental-health	Dr. dr. Fidiansjah Mursjid, Sp.KJ <i>Consultant Psychiatrist, Jakarta, Indonesia</i>
09.00	S02-03 Sex education in the Preparation for a Committed Marriage: Let learn to be an expert	Professor Datuk Dr. Harlina Haji Siraj <i>The Director of CITRA, UKM</i>
09.20	S02-04 From Kitchen Table to Pillow Talk: An effective strategy and receipt in Communication for a Healthy Marriage	Dr. Umi Adzin Silim <i>Consultant Psychiatrist, HKL</i>
10.15	S02-05 Erectile Dysfunction and Women’s Sexual Performance: Don’t Let Down Your Partner’s Hope for a Successful Marriage	Professor Dr. Shaiful Bahari Ismail <i>Senior Consultant Primary Care Physician, Medical Campus USM, Kubang Kerian, Kelantan</i>
10.50	S02-06 Sexuality and Perspective of Women and Chinese in Java Indonesia: A Qualitative Study	dr. Elvine Gunawan, Sp.KJ <i>Secretary of the Psychosexual and Marital Section, PDSKJ, Jawa Barat, Indonesia</i>
11.30	S02-07 The Counseling Approach and Mindfulness in Managing Female Sexual Dysfunction	Hanieza Fadzlina Yahya <i>Counsellor, Department of Psychiatry, UKM Medical Centre</i>
12.00	Q & A Session FP02-03 & FP02-05 The Best Oral Presentation Award Announcement Session	Moderator Dr. Mohd. Faiz Md. Tahir (UIAM)

**SYMPOSIUM
SCHEDULE DAY 2**

Event D — Symposium Session Day 2

12.30	Lunch	Lunch
14.15	<p>S02-08 Stress and Marriage: The growth and challenges</p>	<p>Moderated by: Hanieza Fadzlina Yahya <i>Counsellor, Department of Psychiatry, UKM Medical Centre</i></p> <p>Panelist 1: Associate Professor Dr. Nora Mat Zin (UIAM)</p>
14.30	<p>S02-09 Questions and answers on sexual matters in primary care: Oh, Shall I be embarrassed..?</p>	<p>Panelist 2: dr. Gina Anindyajati, Sp.KJ <i>Psychiatrist, Angsamerah Medical Clinic, Jakarta</i></p>
14.45	<p>S02-10 Stress and Marriage from Cognitive Therapy Model: Witness for Suffering and Happiness</p>	<p>Panelis 3: Professor Dr. Firdaus Mukhtar <i>Senior Consultant Psychologist UPM</i></p>
15.05	<p>S02-11 Mental Health and Domestic Violence: Unravel the Skeleton in the Closet</p>	<p>Panelis 2: Dr. Hazli Zakaria <i>Consultant Psychiatrist UKM Medical Centre</i></p>
15.30	Forum and open for Q & A	<p>Panelist 1,2,3 & 4 Moderator: Dr. Nurul Azmi (UM)</p>
16.15	Tea Break & Close	<p>Closing Remarks: Professor Hatta Sidi (UKM) Moderator: Dr. Mohd. Faiz Md. Tahir (UIAM)</p>

Event F Second Day Symposium Concurrent Session 5/3/2020 THURSDAY Venue: 5th Floor (Bilik Latihan), Wisma DBP		
Time	Events	Speaker/Moderator
14.15	S02-001 Menstruation in Malay Literature Moderator Dr. Nurul Ain Mohamad Kamal	Professor Datin Dr. Ruzy Suliza Hashim <i>Professor of Literature, UKM</i>
14.35	S02-002 <i>The Law of Sexual Crime in Malay Script Law</i>	Professor Jailani Harun <i>Expert in Traditional Literature, Universiti Sains Malaysia (USM)</i>
14.55	S02-003 <i>Sexuality in the Works of Syed Sheikh Al-Hady, A Malay Reformist and Literary Figure</i>	Dr. Ahmad Nabil Md Rosli <i>Department of Psychiatry, Kulliyah of Medicine , UIAM</i>
15.15	S02-004 - To be confirmed -	Dr. Noriah Mohamed <i>Author and Researcher in Malay Traditional Literature</i>

Event G First Day Vaginismus Workshop 2020: Updates on Management 5/3/2020 [THURSDAY] Venue: 4th Floor, Wisma Dewan Bahasa dan Pustaka (DBP)		
Time	Session	Speaker/Moderator
	<i>Venue: 3rd Floor, DBP</i>	
08.25	W01-00 Opening Remarks by dr. Lucky Saputra, <i>Sp.KJ(K), M.Kes</i> <i>Head of the Psychosexual and Marital Therapy</i> <i>section, PDSKJI</i>	Moderator: Associate Professor Azlin Baharudin <i>Consultant Psychiatrist, UKM Medical Centre</i>
08.30	W01-01 Introduction to Vaginismus: The Conceptual Framework	Associate Professor Azlin Baharudin <i>Consultant Psychiatrist, UKM Medical Centre</i>
09.00	W01-02 The Role of Cognitive-Behaviour Therapy (CBT) in Vaginismus	Professor Dr. Firdaus Mukhtar <i>Senior Consultant Psychologist UPM</i>
09.30	W01-03 The Gynecological View Point of Managemnt of Vaginismus: From West Java Indonesia and Malaysia	dr. Robbi Asri Wicaksono <i>Consultant Obstetrics & Gynaecologist,</i> <i>Limijati Women and Children Hospital,</i> <i>Bandung Indonesia, Jawa Barat</i> <i>[15 minit]</i> Dr. Maiza Tusimin <i>Consultant Obstetrics & Gynaecologist</i> <i>Universiti Putra Malaysia, (UPM)</i> <i>[15 minit]</i>
10.00	<i>Breakfast</i>	<i>Breakfast</i>
10.15	W01-04 The Psychospiritual Aspect of Sexual Pain	Associate Professor Dr Nora Mat Zin <i>Conusltant Psychiatrist, UIAM</i>
10.45	W01-05 The Role of Physiotherapy and Pelvic Floor Exercise in the Management of Vaginismus	Dr. Tuan Sharipah Tuan Hadi <i>Consultant Psychiatrist, HSNZ</i> Puan Marhana Omar <i>Medical physiotheraist, HSNZ</i> Puan Norazlina Ya'acob <i>Medical physiotheraist, HKL</i>
12.00	Q & A Session	Q & A Session

**SYMPOSIUM DAY-2
& WORKSHOP
SCHEDULE DAY 1**

Event G — Vaginismus Workshop Day 1

12.30	<i>Lunch and Rest</i>	<i>Lunch and Rest</i>
14.00	<p>W01-06 <i>The 10 Principles of Vaginismus Treatment: The Holistic Approach</i></p>	<p>Moderator: Associate Professor Nik Ruzyanei Nik Jaafar <i>Consultant Psychiatrist, UKM Medical Centre</i></p> <p>Dr. Umi Adzlin Silim <i>Consultant Psychiatrist, HKL</i></p> <p>dr. Elvine Gunawan, Sp.KJ <i>Secretary of the Psychosexual and Marital Section, Perhimpunan Dokter Spesialis Kedokteran Jiwa Indonesia [PDSKJI], & Psychiatrist, Melinda 2, Hospital Bandung, West Java, Indonesia</i></p>
15.00	<p>W01-07 <i>The CBT for Vaginismus: Case Series Management</i></p>	<p>Dr. Shalisah Sharip <i>Psychologist, Department of Psychiatry, UKM Medical Centre</i></p>
16.00	<i>Q & A Session</i>	<i>Q & A Session</i>
16.45	<i>Tea Break & Close</i>	<i>Tea Break & Close</i>

Event H Workshop 2020 (Day 2) : Updates on Management 6/3/2020 FRIDAY Venue: Clinical Auditorium, UKM Medical Centre, Cheras		
Time	Session	Speaker/Moderator
08.25	<i>Venue: UKM Medical Centre Auditorium</i>	Moderator: Dr. Nurul Azmi Mahamad Rapppek <i>Head of the Medical Staff and Students, Universiti Malaya (UM)</i>
	W02-01 Journal Club on Vaginismus	
09.30	W02-02 Case Presentation on Vaginismus	Registrar in Psychiatry, UKM Medical Centre
09.30	W01-03 Formulation & Management: Multi-disciplinary and CBT Approaches	Registrar in Psychiatry, UKM Medical Centre THE TEAM CONSISTING OF Dr. Umi Adzlin Silim (Psychiatrist) Professor Dr. Firdaus Mukhtar (Psychologist) Dr. Tuan Sharipah Tuan Hadi (Psychiatrist) dr. Robbi Asri Wicaksono (O&G) Dr. Maiza Tusimin (O&G) Marhana Omar (Physiotherapist) Norazlina Ya'acob (Physiotherapist)
11.30	Conclusion and Closing Remarks	Conclusion and Closing Remarks
12.00	Lunch & Friday Prayer	Lunch & Friday Prayer
1430	Reflection with groups in the workshop	Group reflection for the medical practitioner, nurses, registered counselors & allied health
1630	Workshop Conclusion	Closing Remarks

DAY 1

THE FIRST INTERNATIONAL SYMPOSIUM: THE ROLE OF SEXUALITY AND ETIQUETTE IN MARRIAGE

S01-00

Hatta Sidi, Professor of Psychiatry, UKM Medical Centre, Cheras, 56000 Kuala Lumpur, Malaysia

The first international symposium that is going to be held in DBP, Kuala Lumpur this year in 2020 is the leading of its kind in bringing closer the literature and science into a specific meeting. Malay and Bahasa Indonesia language will be used exclusively in this meeting as a medium of communication. To be held at Universiti Kebangsaan Malaysia Medical Centre, Kuala Lumpur, Malaysia, uniquely, this meeting will specifically address sex as a pivotal topic while being respectful and mindful supports the good relationship between sex and marriage. Is there any role of being courteous and attentive in sex? This is an interesting theme to be explored by focusing on vaginismus, a condition where penetration is impossible for sex. Various cases of vaginismus are to be discussed by experts from Bandung, West Java Indonesia, and Malaysia. This meeting will also discuss issues related to stress in marriage, mental health issue and crisis in marriage, and other relevant issues. Indeed, the success of bringing this Malaysia-Indonesia two-nation meeting will not be realized, without strong effort and determination.

Keywords: Symposium, workshop, sexuality

CLINICO-PATHOLOGICAL CORRELATION (CPC) ON VAGINISMUS

S01-01

Tuan Sharipah Tuan Hadi, Consultant Psychiatrist, HSNZ; Elvine Gunawan, Psychiatrist, Bandung Jawa Barat Indonesia & Marhana Omar, Physiotherapist HSNZ, Kuala Terengganu, Terengganu, Malaysia

Healthy sexual relationships should be a fun activity and bring many benefits to both men and women. However, for some women, this sexual intercourse is terrible because they feel pain every time they are having sex, due to the vaginal muscle that tightens and closes involuntarily despite women's desire for sexual intercourse. Failure to penetrate the vagina during sexual intercourse can have psychological effects on women and spouses other than failure to conceive. Wives who experience vaginismus do not have to be alone with this experience. Husbands as their partner, should show their understanding of the problem that their wives are facing, be sensitive to the discomfort (pain), and together find the solution. During this presentation, we will share the success story of handling vaginismus cases involving multiple approach at HSNZ and from Bandung medical clinic.

Keywords: Vaginismus, clinical cases, understanding

EFFECTIVE MULTI-DISCIPLINARY APPROACHES IN MANAGING VAGINISMUS:

THE ROLE OF MULTI-DISCIPLINARY TEAM

S01-03

Umi Adzlin Silim, Consultant Psychiatrist, Hospital Kuala Lumpur, Kuala Lumpur, Malaysia

Why cannot a wife have sexual intimacy with the husband whom she loves so much? Why does sexual intimacy, which is meant to be pleasurable and natural, become painful and impossible? Sexual intimacy is a gift, a unique expression of love, and an ultimate bond between a man and woman, a husband and a wife. Nevertheless, many couples are suffering in silence in unconsummated marriages that may lead to dysfunctional or broken relationships and lots of despair.

Vaginismus is rarely discussed even in the medical community; most couples do not know where to seek help; and sometimes when they do, the approaches of therapy may be inadequate to treat vaginismus successfully. This presentation will highlight the experience of setting up a service, building capacity, advocating and working in a multidisciplinary team, and successfully managing vaginismus in the first Vaginismus Clinic in Malaysia.

Keywords: Multidisciplinary, vaginismus, Hospital Kuala Lumpur

THE HIGH SUCCESS RATE OF VAGINAL PENETRATION FROM THE GYNECOLOGY POINT OF VIEW:

A BLESSING BRING BLESSINGS

S01-04

Robbi Asri Wicaksono, Obstetrics & Gynaecologist, Limijati Women and Children Hospital Bandung, Jawa Barat, Indonesia; Maiza Tusimin, Obstetrics & Gynaecologist, Hospital Pengajar Universiti Putra Malaysia, Serdang, Malaysia

Vaginismus is a condition that continues to be ignored by clinicians and rarely discussed at medical meetings. Unfortunately, it becomes the most misunderstood disease of all time, often responded with a judgmental statement of "it's only in your mind", resulting in blamed, condescended, and helpless patients. From the point of view of gynaecology, patients also face problems in basic health maintenance and medical examination that requires vaginal penetration to be conducted, causing concerns and frustration among women for not getting a proper diagnosis and treatment. Pelvic examination, speculum examination, and transvaginal ultrasound are mandatory but almost impossible for the patients. A physical modality for treating vaginismus has not gotten much attention today, even though it probably has more promising results. Vaginal dilation might be the fundamental modality in curing vaginismus. Lower grade vaginismus tends to succeed dilating using their own finger, while mid-severe degree of vaginismus are not able to start the dilation by themselves, despite the woman's expressed wish to do so. Assisted dilation procedure consists of 4 basic things: (i) total intravenous anaesthesia, (ii) injection of Botulinum Toxin Type A Intra-vaginally, (iii) progressive dilation under anaesthesia, and (iv) personal self-dilation supervision. This intervention brings into reality immediate self-dilation, painless, forceless, with nearly 100% success rate, as well as the successful vaginal examination. Vaginismus is a bio-psycho-social related disease, patients also need adequate psychological support. Many vaginismus patients are experiencing anxiety that still remains

even after the achievement of self-dilation. These obstacles can lessen dilation progress and sexual intercourse achievement. Overcoming anxiety in appropriate timing can make the dilation more comfortable and achieve sexual intercourse faster. Clinicians should pay more attention to the diagnosis of vaginismus. Multimodal assisted dilation therapy gives successful results for vaginal penetration and sexual intercourse. Psychological intervention after the dilation takes place gives better and faster results.

Keywords: Multidisciplinary, high success rate, Botox

SEXUAL HARMONY AND MARRIAGE: LIKE PEAS IN A POD

S01-06

Firdaus Mukhtar, Professor of Psychology, Universiti Putra Malaysia, Serdang, Selangor, Malaysia

Marriage is a noble bond that permits legal sexual relationships between men and women. However, are sexual factors determining the harmony of the household or the survival of a marriage? On the contrary, it may be that many claim it as an important factor but what about those who have sexual problems, especially women or wives to defend their marriage? Various clinical cases will be discussed to understand this issue in order to help patients as well as physicians and therapists to understand this situation, and thus provide better treatment to patients with sexual dysfunction.

Keywords: Sexual satisfaction, sexual dysfunction, marital harmony

THE PARTNER'S ROLE IN THE CONTEXT OF ASSESSMENT AND MANAGEMENT OF VAGINISMUS: THE PERFECT GLOVES

S01-07

Gina Anindyajati, Psychiatrist, Angsamerah Clinic, Jakarta, Indonesia

Vaginismus is one of the most common sexual problems among women in their reproductive age. It is a condition when the muscles in the vagina tighten and prevent a woman having vaginal intercourse. This condition leads to distress, relationship problems, and infertility. Vaginismus is a couple's problem. Discussing it with husband may not always reduce the sexual problems of a couple. Mostly because men often feel helpless, think that the problem is within their spouse, etc. Married couples may come to the therapist with the presence of an angry and threatening husband. The husband feels fed up and presented with constant complaining gestures against the wife, both verbal and non-verbal. The wife is usually anxious, frustrated, guilty, and somewhat confused for not having the ability to control her own body. This study will present a case series describing partners' perspectives and attitude toward vaginismus experienced by their spouse. All cases were taken from a private clinic specializing in sexual and reproductive health services in Greater Jakarta, Indonesia. There were 4 women who came in with vaginismus, 2 of them were accompanied by their husbands, and the other two came as individual clients at each visit. Their age varied between mid-twenties to thirties. Partners' perspectives were

obtained during consultation and therapy session. This information was used as a tool to help the therapist make a proper assessment and management plan, whether to conduct only a behavioural therapy, or combined with the psychodynamic systemic approach.

Keywords: Vaginismus, partner's perspective, assessment, management

**THE CHOICES OF THERAPY FOR FEMALE SEXUAL DYSFUNCTION & VAGINISMUS:
INDIVIDUAL PSYCHOTHERAPY VS COGNITIVE BEHAVIOUR THERAPY**

S01-08

Firdaus Mukhtar, Professor of Psychology, Universiti Putra Malaysia, Serdang, Selangor, Malaysia

In general, marriage is an important life event for a person. Whether it's a sweet or bitter event, of course, sexual problems that occur after marriage are complicated, embarrassing, and difficult to share even at professional level. The cases of sexual dysfunction, especially vaginismus, usually is not directly referred to psychological services. Most cases come from women specialist clinics or psychiatric clinics, and there are also some cases of referrals from counselors in religious offices. Discussions on appropriate therapeutic selection will be discussed in cases such as self-referrals, expert references, and references with husbands, referrals and so on. Two forms of therapies often offered are individual or couples'. Furthermore, the effectiveness or failure of this therapy and its impact will be discussed, and some suggestions will be raised so that future therapists will be more careful and able to repair the treatment provided.

Keywords: Therapy, sexual dysfunction, psychological intervention

**THE CHOICES OF THERAPY FOR FEMALE SEXUAL DYSFUNCTION & VAGINISMUS:
INDIVIDUAL PSYCHOTHERAPY VS COGNITIVE BEHAVIOUR THERAPY**

S01-08

Firdaus Mukhtar, Professor of Psychology, Universiti Putra Malaysia, Serdang, Selangor, Malaysia

In general, marriage is an important life event for a person. Whether it's a sweet or bitter event, of course, sexual problems that occur after marriage are complicated, embarrassing, and difficult to share even at professional level. The cases of sexual dysfunction, especially vaginismus, usually is not directly referred to psychological services. Most cases come from women specialist clinics or psychiatric clinics, and there are also some cases of referrals from counselors in religious offices. Discussions on appropriate therapeutic selection will be discussed in cases such as self-referrals, expert references, and references with husbands, referrals and so on. Two forms of therapies often offered are individual or couples'. Furthermore, the effectiveness or failure of this therapy and its impact will be discussed, and some suggestions will be raised so that future therapists will be more careful and able to repair the treatment provided.

Keywords: Therapy, sexual dysfunction, psychological intervention

DAY- 2

THE SCIENCES, THE ARTS AND MARRIAGE

S02-01

Mohamed Hatta Shaharomi, DBP Board of Governors Kuala Lumpur

Although the institution of marriage continues to be relevant among many social groups in Southeast Asia, it is threatened by the elements of narcissism and sarcasm of the postmodern world. The main feature of narcissism is the need for attention to the self. Sarcasm includes the cynistic attitude from the person who feels that he (she) is better than others. The effort to ascertain the truth of a news must be carried out far and wide if we do not want false news to become widespread in this era. This effort must also be integrated with the prevention of the spread of false news and satanic influences that can destroy marriages. A divinely-guided married life is needed in a world that is hostile towards the divine in life. The holistic approach that takes into account all the four domains of life (bio-ecological, psychological, social and spiritual) must be the foundation of a balanced family life. The role of reflection that involves sanity and maturity of the cognition needs to integrate with the sincerity and tranquility of the emotion. To build the edifice of marriage that flourishes with love and hope, both the sciences and the arts are needed by husbands and wives. The family is the confluence of these two groups of knowledge. Health and sickness need the attention of medical sciences and a few doses of input from the arts. Beautiful words that are filled with encouragement are important for those who want to improve their lives or those who have just survived from life disasters.

The knowledge about sexuality is part of the knowledge of psychological and physical health in the Islamic family. The knowledge on the wife's health is very useful for a husband because together with it is the wife's mood changes. The psychological and physical needs of the husband need also be known by the wife. The husband-wife relationship is influenced by chemical changes in the form of hormonal excretions to neurotransmitter levels. The tapestry of beautiful prose and poetry that is conveyed through contemporary communication can pacify a partner who is sulking away and the seeking of forgiveness regarding a wrong. The warmth and the resilience of the husband-wife relationship needs the integration between the arts and the sciences. When needed the married couple can undergo counseling, practise ruqyah shar'iyah (collection of incantations from the Qur'an and the corpus of Hadith), and receive the various shari'ah-compliant therapies.

"...Say: It (al-Qur'an) is to the Believers a guidance and a healing..." (Meaning of al-Qur'an 41:44)

SEXUALITY FROM THE PERSPECTIVE OF A WOMAN – AN OVERVIEW

S02-08-I

Nora Mat Zin, Consultant Psychiatrist, International Islamic University of Malaysia, Kuantan, Pahang, Malaysia

Sexuality is a pivotal subject in human life. It is the way of expressing a unique experience in the context as a sexual being who expresses their sexual desires. In this presentation, various approaches will be used to address issues related to sexual dysfunction. Sexual difficulties can be a difficult state and distressing to many people. Among the recommended treatments for sexual dysfunctions include counseling, as well as the mindfulness approach.

Keywords: Sexual beings, sexual dysfunction, counselling

THE COUNSELING APPROACH AND MINDFULNESS IN MANAGING FEMALE SEXUAL DYSFUNCTION

S02-08-II

Hanieza Fadzlina Yahya, Counsellor in the Department of Psychiatry, UKM Medical Centre

Women's sexuality is important in everyday life. The role of counseling is very important in exploring and assisting in problem solving that arises in relation to misunderstanding, dissatisfaction, and different expectations and needs. Sexuality is often considered a taboo and rarely discussed, hence the approach to counseling should emphasize on the mindfulness approach as one of the important interventions. This presentation aims to present case reports with the importance of mindfulness and breathing exercises as interventions for cases of sexual dysfunction, in addition to providing family session especially to the client's spouse on the importance of support in mindfulness. We analyzed counseling sessions with a clinical instrument administration. A total of 3 individual counseling sessions were conducted including clinical instrument management such as Hypomania Checklist (HCL-32 R) Manual, Mood Disorder Questionnaires (MDQ), and Quick Inventory of Depression Symptomatology (QIDS-SR). In addition to 5 marriage counseling sessions, and 3 family support psycho-educational sessions were also conducted with clients and couples. Intervention results show this mindfulness approach helps clients and couples in improving their sexual behaviour while actively achieving emotional well-being. In addition, relaxation techniques and respiratory training approaches are also a key component in the practice of consciousness in counseling sessions. The results of the data analysis found the importance of marriage counseling through mindfulness approaches for the effectiveness of psychiatric treatment. In addition, the support of couples can enhance partner skills in the client recovery process while improving the client's psychological well-being. Implications of interventions are found to be the key counselor's competence in the efficacy of psychological treatments as well as strengthening the psychological well-being of clients and families, and minimizing the stigma of the actual cancers that can actually be treated.

Key words: mindfulness, marriage counseling, partner support.

**STRESS AND MARRIAGE FROM THE COGNITIVE BEHAVIOUR THERAPY PERSPECTIVE:
WITNESS FOR SUFFERING AND HAPPINESS**

S02-10

Firdaus Mukhtar, Professor of Psychology, Universiti Putra Malaysia, Serdang, Malaysia

There is no perfect marriage. This simple statement is sometimes hard to understand, what else to be digested in a marriage. If imperfect, then there will be various causes of stress or pressure made by the couple unknowingly or intentionally for various purposes. It is sad that many couples experiencing stress do not know about them, and if they know, there are still many who are still unclear at which stage they can survive or have to defend their rights, or divorce is a good ending. And the saddest part is the impact on the children. This session will also discuss techniques to deal with stress individually or in pairs to ensure household harmony.

Keywords: Stress, marriage, suffering and happiness

DOMESTIC VIOLENCE AND MENTAL HEALTH: UNRAVEL THE SKELETON IN THE CLOSET

SO2-11

Hazli Zakaria, Psychiatrist, UKM Medical Centre, 56000 Cheras Kuala Lumpur, Malaysia

Domestic violence and abuse are serious public health issues and have a strong correlation with poor mental health and mental illness. It was reported that in UK, women who experience domestic abuse are three times more likely to develop a serious mental illness. Domestic violence survivors are twice as likely to develop anxiety and three times as likely to develop depression, schizophrenia, and bipolar disorder. Domestic violence would lead to other high risk behaviours such as alcohol and substance abuse which further puts the victim at risk for poor physical and mental health. In UK also, one in four women experiences domestic violence in their lifetime but very few cases were reported to the relevant authorities. In Malaysia, the similar pattern is expected and the number of actual incidence of cases could be higher than the reported figure due to the Asian culture which makes the problem to be well hidden. In most cases, the victim suffers in silence as the opportunity for them to open up about the violence is limited. Health professionals who see those affected individuals need to be trained to ask routinely about domestic violence and how to respond safely, to provide the safe platform for them. In this presentation, the speaker will present several case studies to highlight the complexity and the challenging aspects of managing domestic violence cases. The relevant cultural factors will be discussed as well. The speaker would also highlight the importance of therapeutic communication skills of the health professionals in creating this safe and trusted platform for the victims to open up. The interview technique which utilizes some of the principles of motivational interviewing will be demonstrated. This will be the first step in the engagement phase for the victims and survivors of domestic violence

Keywords: Mental health, domestic violence and abuse, therapeutic communication, motivational interview.

**Day 2 (VAGINISMUS WORKSHOP)
10 STEPS IN MANAGING VAGINISMUS SUCCESSFULLY**

Umi Adzlin Silim, Consultant Psychiatrist, Department of Psychiatry, Hospital Kuala Lumpur, Kuala Lumpur Malaysia

Vaginismus, or ‘panic attack of the vagina’, occurs when there is involuntary tightening or spasm of the pelvic floor muscles surrounding vagina making penetration impossible or painful. Women with vaginismus commonly experience normal sexual desire and arousal but unable to engage in complete sexual intercourse. There are many factors contributing to vaginismus – from having past sexual trauma, being extremely anxious to simply having poor sexual knowledge. Effective approach of vaginismus therapy must address MIND and BODY interaction by psychoeducational intervention; general body and pelvic floor relaxation exercise; overcoming anxiety and unhelpful thoughts; managing emotions and conflicts in the relationship; and gradual vaginal insertion. This debilitating condition is highly treatable, and successfully treated vaginismus will be a life-changing moment for all affected couples. Using case series of successfully treated vaginismus from Vaginismus Clinic in Hospital Kuala Lumpur, this presentation will illustrate step-by-step the intervention that works.

ABSTRACT FOR ORAL AND FULL PAPER PRESENTATION

Topic of free-paper presentation can be: an opinion, narrative review, conceptual, systematic/meta-analysis review, qualitative or quantitative research. Abstracts and a full-paper presentation will be presented during the symposium's parallel session and shall be sent to the organizer via e-mail: hattasidi@hotmail.com or hattasidi@gmail.com before September 30, 2019 (Monday). At least 12 selected full papers will be evaluated through a peer-review assessment. If selected, the papers will be published in the form of a symposium book and will be launched by YB Minister of Education at the opening of the symposium. **Three winners for SIX best oral presentation (THREE from Malaysia and THREE from Indonesia) and THREE notable free-papers presentation will be announced during the symposium.**

[A] A GUIDE WRITING AN ABSTRACT:

Letter / Alphabet Size: 12 pt
Font: Times New Roman
Language: Malay, or English
No more than 250 words
Line spacing: Single

[B] FULL PAPER GUIDELINES:

(All Full-Paper Papers MUST be accompanied with an Abstract, such as [A])

Letter / Alphabet Size: 12 pt
Font: Times New Roman
Language: Malay
Estimated words: Between 4000 to 6000 words
Line spacing: Single
Format: Title, Introduction, Content and Discussion. Each paper-conference must conclude with Summary and Reference.

Calling for
Abstract

Date: 10.7.2019

- A1. Registration for the Symposium & Submission of the Abstract*,
- A2. Registration for the Symposium & Submission of the Abstract* and Full-Paper Presentation**

Submission open for Abstract (or Abstract with Full-Paper) till 30.10.2019

Abstract
Submission

Date: 16.9.2019

- B1. Notification of Abstract acceptance
- B2. Notification of Abstract and the Full-Paper acceptance

Abstract submission closed on 29.10.2019

Abstract
Acceptance &
Full-paper peer-
review and
Acceptance

Date: 30.10.2019

- C1. Abstract accepted to be published be in the Program Book (Proceedings)

Date: 30.09.2019

- C2. Full-Paper accepted to be published be in the Symposium Book after evaluation, peer-review process and corrections.

Symposium Book to be ready on 1.1.2020 and Program Book for the Symposium on 2.2.2020

SYMPOSIUM:

RM300.00 for each participant

or RM250.00 per participants for 5 persons in ONE SINGLE FORM submission before 30 September 2019

4 – 5 March 2020 (Wednesday – Thursday) / Venue: Dewan Bahasa dan Pustaka (DBP) , Kuala Lumpur, Malaysia

VAGINISMUS 2020 WORKSHOP:

RM180.00 for each participant

or RM150.00 per participants for 5 persons in ONE SINGLE FORM submission before 30 September 2019

**5 March 2020 (Thursday) Venue: Dewan Bahasa dan Pustaka (DBP), Kuala Lumpur
6 March 2020 (Friday) Venue: Clinical Auditorium, Universiti Kebangsaan Malaysia Medical Centre (UKMMC), Kuala Lumpur**

Please use CAPITAL LETTER and send a copy of your registration form via email:

ctaisyah@ppukm.ukm.edu.my (Siti Aishah Mohd. Salleh) /

fauzan91@ukm.edu.my (Encik Ahmad Fauzan Muhamad Zahir)

Symposium Secretariat and Workshop 2020, Department of Psychiatry, Universiti Kebangsaan Malaysia Medical Centre (UKMMC) 56000 Cheras, Kuala Lumpur, Malaysia. Tel.: +603-91455178 / Fax: +603-91456681

Prof Dr. Tuan Puan

Name :

Occupation/Designation:
.....

Department:

Organization/ Institution:.....

Address:

Postcode: City: State/Country:

Mobile contact: Fax:.....

E-mail:

Special request (vegetarian, and others):
.....

Other participant names: 1.

[If applicable] 2.

3.

4.

A. Registration Fees

	Symposium <i>The Symposium and Wokshop on Sexuality and Etiquette</i>		Workshop <i>Vaginismus Workshop 2020</i>	
Individu	<input type="checkbox"/>	RM 300/ person	<input type="checkbox"/>	RM 180/ person
For per participants for 5 persons in ONE SINGLE FORM • before 30.9.2019	<input type="checkbox"/>	RM 250*/ person	<input type="checkbox"/>	RM 150*/ person

Bayaran pendaftaran termasuk bahan simposium dan bengkel serta makan minum peserta.

B. Hotel Mandarin Court booking (The official event hotel)

Number of rooms		
Type of bed (please tick: X):	<input type="checkbox"/>	RM 160/ room
[] One Queen bed, OR		
[] Two single beds		
<i>These arrangements are subjected to room availability</i>		

The registration of the symposium and worksop will include material during the symposium and meals.

C. Total payment : A + B = RM

Payment are to be made to : Universiti Kebangsaan Malaysia

Bank : CIMB, Account No. : 8600081140

*(Please attach the copy of form A, B and C to **Cik Siti Aishah** and/or **Mr Ahmad Fauzan** with the proof of payment to the above email address to avoid any problem. **All proof for payments are to be kept in safe.** The name registrered in the form will be use for the symposium and workshop's certificate).*